

Written at the von
Bry Cabana referred to as
left interim

2143

June 18, 1972

Saturday

MALACAÑAN PALACE
Supposed to be written on
MANILA
Book the 777

We left Manila at 2:00 PM. The matters
for June 17th are included in pp. 2139 to 2142.

Exercised rather heavily with my dumb-bells
and jogged in place in my study on board.

The circular turn on the hip clock was and
counter clockwise made me dizzy.

Slept late - 3:00 AM waiting for lunch.