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Aug 19 1972

MALACAÑAN PALACE  
MANILA

Saturday

Again a sore throat and a cold. I called a conference of doctors including Director Carreon of the PGH (Dr. Yip, Dr. Carlo (in the morning) and Dr. Zagala on why my resistance has gone down.

Probably the fact that my cholesterol has been reduced to 176 and I am taking xylazine as well as metformin.

So I am going to start lessening my medicine intake and take in more liquids and have more exercise and rest.

I had to cancel my trip to the Davaolet areas in the south because of my cold and sore throat.

Granted the Order of Kalibato to Justice J. B. F. Reyes.

Had with the Abans - warned them of the stories about them of smuggling and asked them to account for the planes used in the campaign of 1949.

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Aug. 19th (Cont.)

MALACANAN PALACE  
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The story spread that I was shot in the Rizal Golf Course this morning. Apparently the warning for us not to go out today was based on the knowledge of some attempt to be made.

But I sent Kuehres. Suyog to the Q.C. birthday <sup>[two afternoon for claim to be true but]</sup> ~~anniversary~~ celebration instead.

The indications are that the plot of assassination in which Larry Trackman serving Asst. Governor <sup>[two afternoon for claim to be true but]</sup> already identified are using cargo registered in his name) point to the Vice President as a co-conspirator or financier.

At 12:00-1:00 P.M. I hammered out the agreement with the Greater Manila Local executives to fund the Flood Control, Sewage, Health, Street Rehabilitation and Refuse Disposal program.

Dictated the orders for the reassessment of the defense plans and APP plans against subversion on the new assumptions: that the CPP and NPA have been able to smuggle in at least 2,000 M-14s.

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Aug 19th (Cont)

MALACAÑAN PALACE

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rockets and supplies. (2) That they are being helped by Red China (3) that they can increase their armed strength to 10,000 (4) that they could present such a credible force they would be supported by a substantial portion of the civilian population and by other foreign governments. I attach copy of the order.

The reports today indicate the new 60 inch pipe of barrels in San Juan was blasted by explosives and in a firefight in an ambush on Metacoma troops on Dec-14 of Serial No beginning with 620 and type similar to those captured in Palanan. Isabela was captured in Marikina Heights.

These show the Urban Guerrillas from the provinces and are already operating in Manila

so I have to prepare for their activities.